What to do next....

- Obtain a small or medium sized shoebox (NO BOOT BOXES PLEASE!) and wrap the lid and the box separately with bright paper. Maximum size: L30cm x W18cm xH11cm
- Fill the box for a child aged between 3 and 14 with items from the list below - a mixture of fun and practical items: We do not specify any age groups, as our experience, when distributing the boxes, has shown that it is impractical to match these up correctly. However, families tend to be large, so swapping and sharing take place.
- Complete the donation form overleaf please consider gift aid if you are a taxpayer, as we can claim an extra 25% on your donation (£2 becomes £2.50).
- Put the form and your £2 donation cash or cheque in an envelope. Place on top of the items inside the box.
- Cut out the boy or girl label and tape it on the outside of the lid, securing the box with a stout elastic band.
- Take your box to one of our Drop-off locations NO LATER THAN 12th NOVEMBER. (The boxes travel overland to Romania and have to leave by mid Nov).

An ideal box will contain....

- A selection of toys and games such as a ball, car, doll, skipping rope, yo-yo, dominoes (sturdy toys please as these children are not used to toys and have little manual dexterity).
- Sweets (use by date at least March of next year).
- Notebook, colouring book, pen, crayons, pencils, rubber, ruler, pencil sharpener.
- Hat, scarf, mittens or gloves, a pair of socks.
- Soap and a facecloth, toothbrush, toothpaste, hair brush/comb, hair accessories.

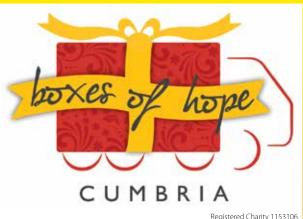
But please NO....

- Food (except for sweets), medicines, aerosols, liquids (shampoo, shower gel, bubbles), glass or fragile items, sharp items (knives, scissors, needles).
- War related toys (guns, tanks, soldiers), novels.
- Playdough, plasticine, loom bands

Please ensure that all items are new or in good condition and clean. All shoeboxes are checked carefully and we reserve the right to remove any unsuitable items. Occasionally it may be necessary to split very large boxes.

A team of our volunteers visits Romania to distribute the boxes





Registered Charity 1153106

YOUR SHOEBOX CHARITY



About us

We are your LOCAL shoebox charity. Our experienced team, led by 5 Trustees, and with over 100 volunteers, is committed to helping deprived communities in Eastern Europe by sending gift-filled shoeboxes at Christmas.

A small team (self-funded) visits Romania each year to distribute the boxes to the children, enabling us to give you direct feedback. We have great support from schools, churches, community groups plus many individual donors and hope that you can help us again, by filling a box and including a donation of £2 to cover transport, packaging etc. This amount is kept to a minimum as we have no staff to pay.

Campaign dates

November 1st to November 12th

Schools may have their collection before this date.

Where to take your box

A full list of our drop-off locations will be found on our website from October 1st. Examples are:-

North West Evening Mail, Barrow; Westmorland Gazette, Kendal; Mountain Goat, Windermere; Hayes, Ambleside; Stephensons, Appleby; Sedbergh Post Office; Taylor's, Kirkby Lonsdale.

How to contact us

Barrow: Rhona Teale 07821 849 992 **Kendal:** Amanda Robb 01539 733511

Kirkby Stephen: Karen Simkins 01768 371906 Ambleside: Rowena Pavey 07775 973413

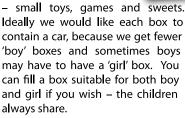
Lancaster: Ann Wardlaw 01524 64164



E: info@boxesofhopecumbria.co.uk www.boxesofhopecumbria.co.uk

From Cumbria to Romania

We are now linking with different areas of Romania to help ensure that different children receive a shoebox this Christmas. With the benefit of our experiences handing out your shoeboxes, we ask you to focus mainly on the "fun" element



Our boxes go to children who have the most need - children who live in abject poverty, many of whose homes are nothing but a oneroomed mud hut; children who do not

have any of the basics that we take for granted; children who are lucky if they ever learn how to read and write.

Thanks to fund raising throughout the year,

as well as the use of surplus funds from the shoebox campaign, we continue to support educational projects which help children

and their families to break from the cycle of poverty and fulfil their











to Boxes of hope, Cumbria)

Please detach and put form and donation in an envelope on top of the items inside your boy If you are paying for more than 1 shoebox or paying online please add a note to that effect.

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These details will not be shared with any other organisation.

Email address:

Address:

To pay online visit: www.boxesofhopecumbria.co.uk